



# Village Health & Nutrition Day (VHND/ MCHN)

State Institute of Health & Family Welfare,  
Jaipur



## MCHN day

- Organized once every month preferably on **Thursdays**
- For those villages that have been left out, on any other day of the same month)
- At the AWC in the village
- Mobilization by ASHAs, AWWs,



## Services on MCHN day

- Registration of all Pregnant women
- ANC
- Dropouts (PW) to be tracked and services provided
- Vaccination
- Dropout children to be vaccinated
- Vitamin A solution
- Weigh all children & record
- Anti-TB drugs to be given
- Distribution of condoms & OCPs to all eligible couples
- Supplementary nutrition to underweight children



## Issues for discussion

- Danger signs during pregnancy
- Importance of ID
- Importance of PNC
- Counseling on ENBC
- Registration for JSY
- Counseling for better nutrition
- Exclusive Breastfeeding
- Weaning & complementary feeding



- Care during diarrhea & home management
- Care during ARI
- Prevention of malaria, TB, and other communicable diseases
- Prevention of HIV/AIDS
- Prevention of STIs
- Dangers of sex selection
- Age at marriage



- Importance of safe drinking water
- Personal hygiene
- Household sanitation
- Education of children
- Information on RTIs, STIs, HIV and AIDS
- Disease outbreak
- Disaster management

# Identify cases needing special attention



## Identify

- Children with disabilities
- Children with grade III and grade IV for referral
- Severe cases of anemia
- Pregnant women who need hospitalization
- Cases of malaria, TB, leprosy, and kala azar
- Problems of the old and the destitute
- Pay special attention to the SC, ST, minorities & weaker sections
- Reproductive & Child Health Program (RCH)

# Who should owe responsibility for MCHN day



- ASHA
- AWW
- PRI member
- Helper of AWW
- Staff to come from outside the village
- ANMs
- Male MPW (if available)
- ASHA facilitators (if available)



## ASHA : Before MCHN day

- Visit all households, particularly poor/SC/ST households
- Make a list of:
  - Pregnant women
  - Women who need ANC for first time or for repeat visits
  - Infants who need immunization, were left out or dropped-out



- Children who need care for malnutrition
- Children who were missed during the pulse polio round
- Children with special needs, particularly girl children
- TB patients who need anti-TB drugs
- Coordinate with the AWW and the ANM



## ASHA: on MCHN day

- Ensure that:
  - All listed women & children come for services
  - Malnourished children come for consultation with the ANM
  - Supplementary nutrition to children with special needs
  - All listed TB patients collect their drugs
- Assist the ANM and the AWW



## AWW: on MCHN day

- Ensure that the AWC is clean & availability of clean drinking water
- Ensure a place with privacy at the AWC for ANC
- Keep an adequate number of MCH cards
- Coordinate activities with ASHA and ANM



## ANM: on MCHN day

- Ensure that:
  - VHND is held without fail
  - Supplies, instruments, drugs
  - Communication materials
  - Adequate money is available for disbursement to the ASHA
  - Reporting of the VHND to the MO/IC
- Coordinate with the ASHA and the AWW



## PRI: on MCHN Day

- Ensure the availability of:
  - VHSC members, schoolteachers and PRI members
  - Clean drinking water, proper sanitation



# Service package

- Maternal Health
- Early registration of pregnancies
- Focused ANC
- Referral for complicated pregnancies and emergency cases
- Referral for safe abortion to approved MTP centers
- Counseling on:
  - Education of adolescent girls



- Age at marriage
- Care during pregnancy
- Danger signs during pregnancy
- Birth preparedness
- Importance of nutrition
- Institutional delivery
- Identification of referral transport
- Availability of funds under the JSY for referral transport



- Post-natal care
  - Breastfeeding and complementary feeding
  - Care of a newborn
  - Contraception
- Organizing group discussions



# Check list for supervision of MCHN

- General information: Session site, availability of staff, timings displayed
- List of beneficiaries
- Cold chain: Vaccine carrier with ice packs, VVM's status on vaccine vials
- Availability of essential supplies
- Vaccination – process monitoring
- Availability of IEC/BCC material



- Disposal of AD syringes
- Immunization for children scheduled to arrive
- Follow-up activities for ANC
- Blood films collected for MP
- Client satisfaction: Exit interviews
- Disbursement of incentives to ASHA
- Record review for
  - Women and children from vulnerable communities



# MCHN week: Guidelines

- Vaccination sites
  - AWW
  - Schools
  - Urban dispensaries
  - Private clinics
- Team
  - Vaccinator & Social mobilizers
- Timing
  - Begin at 10:00 am not more than two sessions/ day



## Outcomes of MCHN day

- 100% coverage with preventive and promotive interventions
- Preventive and promotive coverage for the National Disease Control Programs
- Increased awareness
- Improved knowledge about the services
- Greater emphasis on the community's role



# Thank You

For more details log on to  
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